

## *Family and Friends*

# Caring and Sharing



**No one in the world is exactly like you- or your friends! Show how you care about yourself with these activities. With the Holidays just around the corner, December is a great month to show others how you can be a good friend to all! *You must complete four of these activities to earn this Try-It.***

### 1. **Care**

Be a “secret pal” to someone. Think of nice things you could do for your “secret pal.” Write a poem, make a friendship pin, send a card or be a helper.

### 2. **Favorites**

Make a list of some of your favorites—songs, books, places, things to do. Compare your list with your friend’s or family member’s lists. What things are the same? Different? Try reading a friend’s favorite book or watching a friend’s or family member’s favorite movie with her. Ask her why she likes it.

### **What if?**

3. With your Girl Scout troop or group, talk about what makes a person a good friend. How can you be a good friend to another person? With your Brownie Girl Scout Friends, act out what you would do in two of the following situations: Your best friend is crying—One of the girls in your class or play group has a birthday—Your mother or father has to finish a big project for work the next day—A neighbor falls and breaks her leg—Your friend is afraid she will fail a test at school—A classmate forgot her lunch—Or think of your own scene to act out!

### **Differences are okay!**

4. Many people look different from you. Some have skin or hair that is another color, some are taller or shorter. One person may see better and another not hear as well. All these people have similar feelings on the inside. They also have talents to share!

With your friend or family member, find out about ways that you are different from each other. Find out about ways you are the same as others. Choose a partner and stand or sit facing her—then interview your partner—ask about her family—where she lives—her favorite food, activity, and movie. Then your partner gets a turn to find out about you. Come together as a group and talk about some of the ways you are different and the same.

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5. **A Friend's Scrapbook**

Make a scrapbook that tells about your friends.

You will need construction paper, writing paper, a stapler, markers or crayons and a pencil.

- Fold the construction paper in half. (This will be the cover.)
- Decide how many friends you want to put in your book and make a page for each of them.
- Staple the pages and cover together.
- Decorate the cover.
- Make a page for each friend. You may want to put in pictures, phone numbers, birthdays, addresses, or other things you think would be fun.

6. **Be a good Neighbor!**

Is there a neighbor who needs your help? Is she busy with kids? Or taking care of an elderly person? Or is she elderly herself? Find out what is needed and help out! With your parent's permission you could share conversation, weed a garden, or do a chore. But first, make sure you have permission from a parent or guardian.